

TNP

Teach Not Punish

Family Resource Ctr.

UTILITY ASSISTANCE

TULSA

***Metropolitan Baptist Church**

Website: <http://metropolitanbc.org>

Hours: Mon-Fri 10am-2pm

Phone: 918-425-5402

Email: info@metropolitanbc.org

Address: 1228 W. Apache St Tulsa, Ok 74127

Up to \$100 for non members

Ok. Department of Rehabilitation Services- Disabled American Veterans

Website: <http://www.okrehab.org/guide/disabled-american-veterans-tulsa>

Phone: 918-834-4643

Address: 3131 E. Pine Tulsa , OK 74110

First Baptist Church

Website: <http://www.tulsafbc.org/serve/missions/local-missions/>

Hours: Downtown Campus- Mondays at 8:30-9:30

Phone: 918-587-1571

Address: 403 S. Cincinnati Tulsa, OK 74103

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Tulsa Harvest House

Website:

http://www.tulsa Harvest House.org/index.php?option=com_content&view=article&id=90&Itemid=58

Hours: Mondays after 5:00pm

Phone: (918) 884-7667

Address: 1439 E. 71st Street Tulsa, OK 74136
\$50 towards utility bill

Helping Hands

Website: <https://www.firstchurchtulsa.org/resources/ministry-match/helping-hand-ministries/>

Hours: Mon-Fri 9:00-12:00pm

Phone: 918-584-6923

Address: 700 S Boston Ave. Tulsa, OK 74119
Once per 12 months up to \$200

John 3:16

Website: <http://www.john316mission.org/index.php?page=learn.family&mi=1>

Hours: Mon-Fri 8:00-5:00pm

Phone: 918-592-1186

Center Info:

Men's & Women's Ministry- 506 N. Cheyenne Ave
Tulsa, OK 74103

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Family & Youth Center

2027 Martin Luther King Boulevard
Tulsa, OK 74106

Administrative Offices

575 North 39th West Avenue
Tulsa, OK 74127

Neighbor For Neighbor

Website: <http://www.neighborforneighbor.org/NFNFamilyAssistance.php>

Hours: Mon-Thurs 9am-12pm 1pm-3pm

Phone: 918-425-5578

Address: 505 East 36th St North Tulsa, OK 74106

Utility bill assistance only

Neighbors Along the Line

Website: <http://www.neighborsalongtheline.org/programs/family-support/>

Phone: (918) 584-1111

Address: 5000 Charles Page Blvd. Tulsa, OK 74127

A cutoff notice for the current month is needed

Salvation Army

Website: <http://www.salarmytulsa.org>

Hours: Mon-Fri 2:00-2:30pm

Phone: (918) 582-7201102

Address: North Denver Avenue Tulsa, OK

Utility assistance only

*** Organization has a partnership with TNP**